

Daily Living Activities Questionnaire

1. Personal Hygiene

Can you bathe or shower yourself?

- ☐ Yes
- ☐ Needs some help
- ☐ No

2. Dressing

Can you dress and undress yourself?

- ☐ Yes
- ☐ Needs some help
- ☐ No

3. Eating

Can you feed yourself?

- ☐ Yes
- ☐ Needs some help
- ☐ No

4. Mobility

Can you move from bed to chair without help?

- ☐ Yes
- ☐ Needs some help
- ☐ No

5. Toileting

Can you use the toilet by yourself?

- ☐ Yes
- ☐ Needs some help
- ☐ No

6. Housekeeping

Can you do basic house chores?

- ☐ Yes
- ☐ Needs some help
- ☐ No

7. Comments or Notes

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