

# Daily Living Activities Questionnaire

## 1. Personal Hygiene

Can you bathe or shower yourself?

- Yes
- Needs some help
- No

## 2. Dressing

Can you dress and undress yourself?

- Yes
- Needs some help
- No

## 3. Eating

Can you feed yourself?

- Yes
- Needs some help
- No

## 4. Mobility

Can you move from bed to chair without help?

- Yes
- Needs some help
- No

## 5. Toileting

Can you use the toilet by yourself?

- Yes
- Needs some help
- No

## 6. Housekeeping

Can you do basic house chores?

- Yes
- Needs some help
- No

## 7. Comments or Notes

Submit