

# Informed Consent for Teletherapy

This document is intended to inform you about teletherapy and obtain your consent to participate. Please read each section carefully and indicate your understanding and agreement below.

## 1. Nature of Teletherapy

Teletherapy involves the delivery of therapy services using electronic communications, such as video calls or phone calls, instead of meeting in person.

## 2. Confidentiality

All information disclosed during teletherapy sessions is confidential as outlined by law, with exceptions related to safety and legal requirements.

## 3. Risks and Benefits

The benefits and risks of teletherapy are similar to in-person therapy, though there may be risks related to technology failures, confidentiality, and data security.

## 4. Consent

By signing below, you acknowledge you have read and understand this consent form and agree to participate in teletherapy services.

Client Name:

Date:

Signature:

**Submit Consent**