

# Research Study Enrollment Consent

**Study Title:** The Effect of Sleep on Academic Performance

**Principal Investigator:** Dr. Jane Doe

## Introduction

You are being asked to participate in a research study. Please read the information below and ask any questions you may have before agreeing to take part.

### Purpose of the Study

The purpose of this research is to examine how sleep patterns influence academic achievement among college students.

### Procedures

- You will be asked to complete questionnaires.
- You may be asked to provide information about your sleep habits and academic performance.

### Risks and Benefits

There are minimal risks associated with this study. There are no direct benefits to you for participating, but your responses will contribute to our understanding of sleep and academics.

### Confidentiality

All information collected will be kept confidential and used only for research purposes.

### Voluntary Participation

Your participation is voluntary. You may refuse to participate or withdraw at any time without penalty.

### Contact Information

If you have questions, contact Dr. Jane Doe at [janedoe@email.com](mailto:janedoe@email.com)

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## Consent

By signing below, you indicate that you have read and understood the above information, and you agree to participate in this research study.

Participant Name:

Date:

I Consent