

# Informed Consent for Mental Health Evaluation

This document explains the purpose, procedures, risks, and benefits of a mental health evaluation. Please review carefully and provide your consent below.

## Purpose

The purpose of this mental health evaluation is to assess emotional, cognitive, and behavioral functioning to assist in diagnosis and treatment recommendations.

## Procedures

- Clinical interview
- Standardized questionnaires or assessments
- Discussion of relevant personal and medical history

## Risks and Benefits

Risks may include discomfort when discussing sensitive topics. Benefits may include increased self-awareness and guidance for treatment planning.

## Confidentiality

All information shared during the evaluation will be kept confidential, except as required by law.

## Consent

I have read and understand the information provided above. I have had an opportunity to ask questions. I voluntarily agree to participate in the mental health evaluation.

Name:

Date:

Signature: