

# Informed Consent Agreement

This agreement is made between the participant and the research team. The purpose of this document is to inform you about the research study and to obtain your consent for participation.

## Study Purpose

The goal of this study is to assess the effects of the new intervention on participants' health and well-being.

## Procedures

If you agree to participate, you will be asked to complete several questionnaires and attend study sessions over the course of 6 months.

## Risks and Benefits

There may be minor risks, such as discomfort or fatigue. The potential benefits include advancing our understanding of the intervention's effectiveness.

## Confidentiality

Your responses will be confidential and data will be reported anonymously.

## Voluntary Participation

Your participation in this study is voluntary. You may refuse to participate or withdraw at any time without penalty.

## Contact Information

If you have questions about the study, please contact: research@domain.com

## Consent

Name:

Signature:

Date:

I have read and understand the information provided and I voluntarily agree to participate in this study.