

Assumption of Risk and Release of Claims

I, the undersigned participant, acknowledge that my participation in the activity described below involves inherent risks, including, but not limited to, injury, property damage, and even death. I hereby assume full responsibility for any and all risks of injury or loss, whether foreseen or unforeseen, that may occur as a result of my participation.

In consideration of being allowed to participate in this activity, I, on behalf of myself, my heirs, executors, and assigns, hereby release, discharge, and hold harmless [Organization Name], its agents, employees, and volunteers, from any and all claims, demands, or causes of action arising out of or in connection with my participation in this activity, whether arising from the negligence of the releasees or otherwise.

Participant Name:

Activity:

Date:

Signature: